

BASIC AFTERCARE FOR TATTOOS



AFTER YOUR TATTOO

- LEAVE BANDAGE IN PLACE FOR A MINIMUM OF 3 HOURS
- MAKE SURE TO STAY HYDRATED
- WASH HANDS BEFORE GENTLY REMOVING BANDAGE
- BEGIN TO WASH YOUR TATTOO CAREFULLY FOLLOWING THE **WASHING PROCEDURE** WRITTEN BELOW
- TATTOOS CAN TAKE 2-6 WEEKS TO HEAL
- NEVER PICK OR SCRATCH YOUR NEW TATTOO

WASHING PROCEDURE FOLLOW EVERY TIME YOU WASH OR NEED TO TOUCH YOUR TATTOO

STEP 1: WASH HANDS WITH ANTIBACTERIAL HAND SOAP & WARM WATER

STEP 2: DRY HANDS WITH A NEW CLEAN PAPER TOWEL

STEP 3: WASH TATTOO WITH UNSCENTED ANTIBACTERIAL HAND SOAP & WARM WATER TO REMOVE ALL DRIED INK, PLASMA, & LYMPH

STEP 4: RINSE WELL WITH WARM WATER

STEP 5: DRY TATTOO WITH A NEW CLEAN PAPER TOWEL

REPEAT: 2 TO 3 TIMES A DAY OR MORE AS NEEDED

DO NOT USE CLOTH TOWEL, WASH CLOTH, OR LOOFAH TO WASH OR DRY A NEW TATTOO!

JUST SAY NO TO

POOLS, BATHS, HOT TUBS,
CREEKS, RIVERS, OCEANS,
DELTA, TRIBUTARIES,
GREAT OR REGULAR LAKES,
PONDS, OR SWAMPS

WITH NEW TATTOOS
SHOWERS ARE OKAY!

MOISTURIZE YOUR TATTOO UNSCENTED & FRAGRANCE FREE PRODUCTS ONLY

LARGER TATTOOS MAY NEED MORE LOTION OR OINTMENT THAN SMALL ONES

STEP 1: WASH HANDS & TATTOO FOLLOWING THE WASHING PROCEDURE LISTED ABOVE

STEP 2: LET TATTOO AIR DRY 10 TO 15 MINUTES AFTER WASHING IN ORDER TO NOT CLOG PORES

FOR THE FIRST 3 DAYS: *AFTER FOLLOWING STEPS 1 & 2*

OINTMENT PHASE

STEP 3: APPLY A PEA SIZED AMOUNT OF AQUAPHOR® TO TATTOO UNTIL FULLY ABSORBED

STEP 4: RE-APPLY AQUAPHOR® 2-3 TIMES A DAY WASHING IN BETWEEN APPLICATIONS

STEP 5: **WIPE OFF ANY EXCESS LOTION OR OINTMENT**

FOR THE NEXT 3 DAYS OR MORE: *AFTER FOLLOWING STEPS 1 & 2*

LOTION PHASE

STEP 6: APPLY A PEA SIZED AMOUNT OF AN UNSCENTED LOTION LIKE LUBRIDERM® TO THE TATTOO UNTIL FULLY ABSORBED

STEP 7: RE-APPLY LOTION 2-3 TIMES A DAY WASHING IN BETWEEN APPLICATIONS

REPEAT: LOTION PHASE UNTIL SKIN RETURNS TO ITS PRE-TATTOOED CONDITION

CONSULT A PHYSICIAN IF ANY SIGNS OR SYMPTOMS OF INFECTION DEVELOP SUCH AS BUT NOT LIMITED TO: REDNESS AT SITE, GREEN/ YELLOW DISCHARGE (FOUL SMELLING) &/OR FEVER

AFTER HEALING

- EXTREME SUN & SUN EXPOSURE CAN FADE YOUR TATTOO
- WEAR A BROAD SPECTRUM SUNSCREEN SPF 30 OR HIGHER
- FEEL FREE TO USE A DAILY LOTION ON YOUR HEALED TATTOO TO KEEP IT LOOKING BRIGHT
- CONTACT YOUR ARTIST FOR A TOUCH-UP IF NEEDED
- CONTACT YOUR ARTIST TO GET A HEALED PHOTO OF YOUR TATTOO

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